

| Pl | tno | Name | Time | | | | | | | | | | | | | | |
|-----------------|------------|----------------------------|--------------------|----------------|----------------|--------------|--------------|--------------|--------------|--------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| WBL (1) | | | 1.9 km 7 C | | | | | | | | | | | | | | |
| | | | 1(71) | 2(52) | 3(47) | 4(42) | 5(73) | 6(72) | 7(100) | Finish | | | | | | | |
| | 2 | Kübra Karasu | dns | | | | | | | | | | | | | | |
| | | STANBUL ORIENTE | | | | | | | | | | | | | | | |
| WBS (1) | | | 1.7 km 6 C | | | | | | | | | | | | | | |
| | | | 1(52) | 2(47) | 3(42) | 4(73) | 5(72) | 6(100) | Finish | | | | | | | | |
| 1 | 79 | Joanne Anana-Sara | 30:34 | 10:39 | 15:42 | 18:47 | 22:35 | 28:59 | 29:44 | 30:34 | | | | | | | |
| | | Helsingin Suunnist | 10:39 | 5:03 | 3:05 | 3:48 | 6:24 | 0:45 | 0:50 | | | | | | | | |
| W12 (2) | | | 1.9 km 8 C | | | | | | | | | | | | | | |
| | | | 1(71) | 2(52) | 3(47) | 4(42) | 5(73) | 6(76) | 7(72) | 8(100) | Finish | | | | | | |
| | 124 | MAL ERDAR | dns | | | | | | | | | | | | | | |
| | | YAKAMOZ GENÇL K | | | | | | | | | | | | | | | |
| | 120 | AY E Ç S L PEHL VA | dns | | | | | | | | | | | | | | |
| | | YAKAMOZ GENÇL K | | | | | | | | | | | | | | | |
| W14 (4) | | | 2.3 km 10 C | | | | | | | | | | | | | | |
| | | | 1(40) | 2(54) | 3(46) | 4(52) | 5(47) | 6(41) | 7(73) | 8(76) | 9(72) | 10(100) | Finish | | | | |
| | 127 | DO A YALMAN | dns | | | | | | | | | | | | | | |
| | | YAKAMOZ GENÇL K | | | | | | | | | | | | | | | |
| | 222 | Hatice Güzin Tırlan | dns | | | | | | | | | | | | | | |
| | | Az biraz kaçık | | | | | | | | | | | | | | | |
| | 106 | BUKET B LENLER | dns | | | | | | | | | | | | | | |
| | | YAKAMOZ GENÇL K | | | | | | | | | | | | | | | |
| | 108 | FATMA ÖZDEM R | dns | | | | | | | | | | | | | | |
| | | YAKAMOZ GENÇL K | | | | | | | | | | | | | | | |
| W16A (2) | | | 3.3 km 17 C | | | | | | | | | | | | | | |
| | | | 1(45) | 2(59) | 3(56) | 4(57) | 5(60) | 6(71) | 7(70) | 8(37) | 9(47) | 10(42) | 11(41) | 12(75) | 13(69) | 14(76) | |
| | | | 15(39) | 16(43) | 17(100) | Finish | | | | | | | | | | | |
| | 113 | JALE ATAK | dns | | | | | | | | | | | | | | |
| | | YAKAMOZ GENÇL K | | | | | | | | | | | | | | | |
| | 72 | Tuva Nikolausson | dns | | | | | | | | | | | | | | |
| | | Svaide Roma SOK | | | | | | | | | | | | | | | |
| W18A (3) | | | 3.9 km 16 C | | | | | | | | | | | | | | |
| | | | 1(71) | 2(60) | 3(57) | 4(35) | 5(34) | 6(50) | 7(31) | 8(32) | 9(67) | 10(75) | 11(69) | 12(76) | 13(64) | 14(65) | |
| | | | 15(63) | 16(100) | Finish | | | | | | | | | | | | |
| 1 | 75 | Elin Johnsson | 1:51:20 | 8:48 | 18:22 | 20:23 | 25:45 | 31:22 | 38:03 | 44:29 | 1:18:18 | 1:20:32 | 1:24:26 | 1:28:16 | 1:28:57 | 1:36:52 | 1:41:54 |
| | | Svaide Roma SOK | | 8:48 | 9:34 | 2:01 | 5:22 | 5:37 | 6:41 | 6:26 | 33:49 | 2:14 | 3:54 | 3:50 | 0:41 | 7:55 | 5:02 |
| | | | 1:49:09 | 1:50:27 | 1:51:20 | | | | | | | | | | | | |
| | | | 7:15 | 1:18 | 0:53 | | | | | | | | | | | | |
| | 226 | Serdem Merve Ate | dns | | | | | | | | | | | | | | |
| | | NEO Do a Sportları | | | | | | | | | | | | | | | |
| | 109 | SAL HA H LAL KÖSE | dns | | | | | | | | | | | | | | |
| | | YAKAMOZ GENÇL K | | | | | | | | | | | | | | | |
| W20A (9) | | | 4.3 km 16 C | | | | | | | | | | | | | | |
| | | | 1(33) | 2(59) | 3(57) | 4(60) | 5(71) | 6(61) | 7(50) | 8(31) | 9(32) | 10(67) | 11(75) | 12(76) | 13(65) | 14(64) | |
| | | | 15(63) | 16(100) | Finish | | | | | | | | | | | | |
| 1 | 47 | Selma Cabri | 1:03:39 | 4:11 | 9:25 | 14:57 | 16:29 | 19:12 | 23:06 | 27:18 | 30:26 | 43:30 | 45:07 | 47:48 | 50:45 | 55:17 | 57:56 |
| | | TSK Spor Kulübü | | 4:11 | 5:14 | 5:32 | 1:32 | 2:43 | 3:54 | 4:12 | 3:08 | 13:04 | 1:37 | 2:41 | 2:57 | 4:32 | 2:39 |
| | | | 1:02:11 | 1:03:02 | 1:03:39 | | | | | | | | | | | | |
| | | | 4:15 | 0:51 | 0:37 | | | | | | | | | | | | |
| 2 | 85 | Venla Heikkilä | 1:07:04 | 3:13 | 8:55 | 13:51 | 15:09 | 18:53 | 23:17 | 31:15 | 34:39 | 47:46 | 49:00 | 51:27 | 54:17 | 59:47 | 1:02:02 |
| | | Helsingin Suunnist | | 3:13 | 5:42 | 4:56 | 1:18 | 3:44 | 4:24 | 7:58 | 3:24 | 13:07 | 1:14 | 2:27 | 2:50 | 5:30 | 2:15 |
| | | | 1:05:23 | 1:06:23 | 1:07:04 | | | | | | | | | | | | |
| | | | 3:21 | 1:00 | 0:41 | | | | | | | | | | | | |
| 3 | 77 | Hilal Söker | 1:24:15 | 4:23 | 17:10 | 22:57 | 24:47 | 28:07 | 33:48 | 37:26 | 39:55 | 58:58 | 1:01:18 | 1:03:49 | 1:06:19 | 1:10:28 | 1:15:52 |
| | | TSK Spor Kulübü | | 4:23 | 12:47 | 5:47 | 1:50 | 3:20 | 5:41 | 3:38 | 2:29 | 19:03 | 2:20 | 2:31 | 2:30 | 4:09 | 5:24 |
| | | | 1:22:27 | 1:23:41 | 1:24:15 | | | | | | | | | | | | |
| | | | 6:35 | 1:14 | 0:34 | | | | | | | | | | | | |
| 4 | 54 | Esmâ Karapınar | 2:04:45 | 4:55 | 11:34 | 22:34 | 42:44 | 55:43 | 1:01:26 | 1:05:05 | 1:08:18 | 1:28:10 | 1:30:32 | 1:32:45 | 1:38:15 | 1:44:53 | 1:53:49 |
| | | TSK Spor Kulübü | | 4:55 | 6:39 | 11:00 | 20:10 | 12:59 | 5:43 | 3:39 | 3:13 | 19:52 | 2:22 | 2:13 | 5:30 | 6:38 | 8:56 |
| | | | 2:02:57 | 2:04:07 | 2:04:45 | | | | | | | | | | | | |
| | | | 9:08 | 1:10 | 0:38 | | | | | | | | | | | | |
| 5 | 51 | Bü ra Özer | 2:10:04 | 5:05 | 10:47 | 21:03 | 22:37 | 39:00 | 54:46 | 1:02:41 | 1:06:18 | 1:41:24 | 1:43:57 | 1:46:20 | 1:48:56 | 1:56:15 | 1:59:45 |
| | | TSK Spor Kulübü | | 5:05 | 5:42 | 10:16 | 1:34 | 16:23 | 15:46 | 7:55 | 3:37 | 35:06 | 2:33 | 2:23 | 2:36 | 7:19 | 3:30 |
| | | | 2:08:22 | 2:09:24 | 2:10:04 | | | | | | | | | | | | |
| | | | 8:37 | 1:02 | 0:40 | | | | | | | | | | | | |
| 6 | 63 | Gözde Tu çe Yalaba | 2:18:21 | 7:31 | 14:17 | 28:59 | 31:24 | 44:19 | 1:02:57 | 1:10:46 | 1:14:12 | 1:49:39 | 1:52:01 | 1:54:19 | 1:57:03 | 2:04:30 | 2:07:43 |
| | | TSK Spor Kulübü | | 7:31 | 6:46 | 14:42 | 2:25 | 12:55 | 18:38 | 7:49 | 3:26 | 35:27 | 2:22 | 2:18 | 2:44 | 7:27 | 3:13 |
| | | | 2:16:27 | 2:17:34 | 2:18:21 | | | | | | | | | | | | |
| | | | 8:44 | 1:07 | 0:47 | | | | | | | | | | | | |

| Pl | tno | Name | Time | | | | | | | | | | | | | | | | | | |
|------------------|-----|---------------------------------------|---------|-----------------------------------|-----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------|------------------|-----------------|------------------|------------------|-----------------|-----------------|------------------|-----------------|--|--|--|--|
| W20A (9) | | | | 4.3 km | | 16 C | | <i>(cont.)</i> | | | | | | | | | | | | | |
| | | | | 1(33) 15(63) | 2(59) 16(100) | 3(57) Finish | 4(60) | 5(71) | 6(61) | 7(50) | 8(31) | 9(32) | 10(67) | 11(75) | 12(76) | 13(65) | 14(64) | | | | |
| 7 | 50 | Zeynep Sanem Akpı TSK Spor Kulübü | 2:45:47 | 9:54 9:54 2:43:37 | 19:45 9:51 2:45:05 | 38:49 19:04 2:45:47 | 41:43 2:54 | 45:42 3:59 | 55:59 10:17 | 1:16:15 20:16 | 1:23:21 7:06 | 1:57:06 33:45 | 2:00:31 3:25 | 2:10:28 9:57 | 2:18:05 7:37 | 2:30:20 12:15 | 2:37:42 7:22 | | | | |
| 8 | 48 | eydanur Bulut TSK Spor Kulübü | 2:49:47 | 5:55 6:09 2:47:35 6:05 | 1:28 14:19 2:49:10 1:35 | 0:42 42:54 2:49:47 0:37 | 45:42 2:48 | 49:46 4:04 | 59:47 10:01 | 1:20:13 20:26 | 1:27:11 6:58 | 2:00:57 33:46 | 2:04:26 3:29 | 2:14:22 9:56 | 2:22:10 7:48 | 2:34:19 12:09 | 2:41:30 7:11 | | | | |
| | 3 | Beyza Yıldırım NEO Do a Sporları | dns | | | | | | | | | | | | | | | | | | |
| W20B (2) | | | | 3.4 km | | 16 C | | | | | | | | | | | | | | | |
| | | | | 1(40) 15(63) | 2(60) 16(100) | 3(57) Finish | 4(56) | 5(59) | 6(35) | 7(37) | 8(38) | 9(42) | 10(41) | 11(75) | 12(69) | 13(76) | 14(43) | | | | |
| 1 | 34 | Daria Sadovnikova Orient-Zarya | 55:34 | 6:04 6:04 53:46 2:00 | 10:57 4:53 54:56 1:10 | 12:51 1:54 55:34 0:38 | 16:12 3:21 | 23:27 7:15 | 24:27 1:00 | 30:45 6:18 | 32:58 2:13 | 36:54 3:56 | 39:03 2:09 | 45:37 6:34 | 48:55 3:18 | 49:28 0:33 | 51:46 2:18 | | | | |
| 2 | 53 | Cennet Durmaz TSK Spor Kulübü | 1:17:50 | 10:15 10:15 1:15:38 4:14 | 27:54 17:39 1:17:00 1:22 | 30:27 2:33 1:17:50 0:50 | 34:18 3:51 | 37:47 3:29 | 39:11 1:24 | 47:55 8:44 | 51:58 4:03 | 54:35 2:37 | 56:51 2:16 | 1:00:45 3:54 | 1:06:52 6:07 | 1:07:54 1:02 | 1:11:24 3:30 | | | | |
| W21E (14) | | | | 4.8 km | | 18 C | | | | | | | | | | | | | | | |
| | | | | 1(34) 15(64) | 2(59) 16(65) | 3(62) 17(63) | 4(58) 18(100) | 5(57) Finish | 6(71) | 7(33) | 8(50) | 9(31) | 10(32) | 11(67) | 12(75) | 13(69) | 14(76) | | | | |
| 1 | 165 | emine sezgünsay STANBUL ORIENTE | 56:01 | 2:27 2:27 50:06 2:56 | 8:52 6:25 51:41 1:35 | 15:25 6:33 54:43 3:02 | 16:56 1:31 55:27 0:44 | 20:23 3:27 56:01 0:34 | 22:50 2:27 | 25:33 2:43 | 28:23 2:50 | 30:40 2:17 | 41:30 10:50 | 43:06 1:36 | 44:45 1:39 | 46:35 1:50 | 47:10 0:35 | | | | |
| 2 | 82 | Saara Malinen Kajaanin Suunnista | 56:38 | 2:10 2:10 49:23 2:48 | 7:38 5:28 51:18 1:55 | 11:14 3:36 55:06 3:48 | 13:04 1:50 56:00 0:54 | 16:34 3:30 56:38 0:38 | 19:30 2:56 | 22:03 2:33 | 24:53 2:50 | 27:42 2:49 | 38:47 11:05 | 40:12 1:25 | 44:12 4:00 | 46:00 1:48 | 46:35 0:35 | | | | |
| 3 | 197 | TU BA C N TSK Spor Kulübü | 58:11 | 2:09 2:09 50:54 4:50 | 5:13 4:18 53:31 2:37 | 11:40 4:18 56:45 3:14 | 13:29 1:49 57:32 0:47 | 17:45 4:16 58:11 0:39 | 20:06 2:21 | 22:17 2:11 | 25:37 3:20 | 27:43 2:06 | 40:40 12:57 | 41:57 1:17 | 43:36 1:39 | 45:28 1:52 | 46:04 0:36 | | | | |
| 4 | 29 | Mariia Makarova Orient-Zarya | 58:50 | 2:22 2:22 48:27 2:58 | 6:42 4:20 50:37 2:10 | 10:12 3:30 57:23 6:46 | 11:50 1:38 58:12 0:49 | 15:09 3:19 58:50 0:38 | 17:31 2:22 | 19:42 2:11 | 23:13 3:31 | 25:50 2:37 | 36:18 10:28 | 39:44 3:26 | 42:50 3:06 | 44:49 1:59 | 45:29 0:40 | | | | |
| 5 | 198 | akire Kaçmaz TSK Spor Kulübü | 1:01:31 | 2:16 2:16 53:55 3:09 | 7:27 5:11 55:41 1:46 | 12:09 4:42 1:00:13 4:32 | 13:46 1:37 1:00:56 0:43 | 17:03 3:17 1:01:31 0:35 | 20:10 3:07 | 22:33 2:23 | 25:19 2:46 | 31:05 5:46 | 44:33 13:28 | 46:02 1:29 | 47:47 1:45 | 50:13 2:26 | 50:46 0:33 | | | | |
| 6 | 181 | Selvihan Günaydın TSK Spor Kulübü | 1:03:22 | 2:46 2:46 56:12 4:16 | 9:27 6:41 58:09 1:57 | 14:03 4:36 1:01:37 3:28 | 16:15 2:12 1:02:47 1:10 | 19:42 3:27 1:03:22 0:35 | 23:37 3:55 | 27:29 3:52 | 30:49 3:20 | 34:08 3:19 | 46:26 12:18 | 47:31 1:05 | 49:17 1:46 | 51:16 1:59 | 51:56 0:40 | | | | |
| 7 | 41 | Hümeyra Akkoç TSK Spor Kulübü | 1:04:26 | 2:21 2:21 55:25 3:07 | 7:57 5:36 58:59 3:34 | 12:28 4:31 1:02:46 3:47 | 14:29 2:01 1:03:47 1:01 | 18:27 3:58 1:04:26 0:39 | 22:12 3:45 | 24:38 2:26 | 29:31 4:53 | 32:34 3:03 | 45:13 12:39 | 47:11 1:58 | 49:00 1:49 | 51:42 2:42 | 52:18 0:36 | | | | |
| 8 | 196 | EL F ATE TSK Spor Kulübü | 1:08:29 | 2:55 2:55 1:01:03 4:42 | 11:08 8:13 1:03:30 2:27 | 15:41 4:33 1:06:51 3:21 | 17:39 1:58 1:07:44 0:53 | 21:49 4:10 1:08:29 0:45 | 24:55 3:06 | 29:06 4:11 | 34:35 5:29 | 37:34 2:59 | 50:49 13:15 | 52:04 1:15 | 53:46 1:42 | 55:44 1:58 | 56:21 0:37 | | | | |
| 9 | 76 | Galina Bragina Tomsk | 1:11:14 | 2:11 2:11 1:03:26 3:38 | 7:59 5:48 1:05:31 2:05 | 12:45 4:46 1:09:44 4:13 | 14:48 2:03 1:10:34 0:50 | 18:20 3:32 1:11:14 0:40 | 21:45 3:25 | 24:50 3:05 | 34:56 10:06 | 39:16 4:20 | 52:49 13:33 | 53:59 1:10 | 56:26 2:27 | 59:13 2:47 | 59:48 0:35 | | | | |
| 10 | 44 | Gülsüm Co gun TSK Spor Kulübü | 1:11:28 | 3:38 3:38 1:02:55 5:31 | 10:27 6:49 1:05:15 2:20 | 15:42 5:15 1:09:44 4:29 | 17:43 2:01 1:10:45 1:01 | 21:33 3:50 1:11:28 0:43 | 24:23 2:50 | 30:47 6:24 | 33:56 3:09 | 36:24 2:28 | 50:32 14:08 | 52:01 1:29 | 54:03 2:02 | 56:20 2:17 | 57:24 1:04 | | | | |
| 11 | 42 | Ay e Keskin TSK Spor Kulübü | 1:14:29 | 2:26 2:26 1:05:11 3:33 | 8:19 5:53 1:07:40 2:29 | 12:16 3:57 1:13:00 5:20 | 14:13 1:57 1:13:53 0:53 | 17:48 3:35 1:14:29 0:36 | 21:45 3:57 | 26:20 4:35 | 29:21 3:01 | 35:07 5:46 | 52:31 17:24 | 53:52 1:21 | 57:35 3:43 | 1:00:37 3:02 | 1:01:38 1:01 | | | | |
| 12 | 4 | Filiz Seren Ça lar TSK Spor Kulübü | 1:26:47 | 3:02 3:02 1:16:43 5:04 | 14:16 11:14 1:19:41 2:58 | 20:22 6:06 1:24:50 5:09 | 22:58 2:36 1:25:58 1:08 | 27:17 4:19 1:26:47 0:49 | 30:40 3:23 | 34:20 3:40 | 39:15 4:55 | 42:42 3:27 | 1:01:10 18:28 | 1:02:54 1:44 | 1:06:44 3:50 | 1:11:02 4:18 | 1:11:39 0:37 | | | | |

| Pl | tno | Name | Time | | | | | | | | | | | | | | |
|-----------------|-----|---------------------------------------|----------------------------|-------------------------------|----------------|----------------|---------------|----------------|---------------|----------------|---------------|------------------|-----------------|-----------------|-----------------|-----------------|---------------|
| W45 (6) | | | 3.0 km 15 C (cont.) | | | | | | | | | | | | | | |
| | | | 1(44) 15(100) | 2(53) Finish | 3(54) | 4(46) | 5(51) | 6(49) | 7(70) | 8(47) | 9(42) | 10(41) | 11(75) | 12(69) | 13(76) | 14(63) | |
| | 111 | NEV N HACIMUSALA YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| W50 (2) | | | 2.9 km 14 C | | | | | | | | | | | | | | |
| | | | 1(44) Finish | 2(53) | 3(71) | 4(60) | 5(51) | 6(49) | 7(37) | 8(47) | 9(41) | 10(75) | 11(69) | 12(76) | 13(55) | 14(100) | |
| 1 | 159 | Anne Pelto-Huikko Hiisirasti | 37:01 | 3:19 3:19 37:01 0:40 | 7:47 4:28 | 10:04 2:17 | 12:38 2:34 | 14:17 1:39 | 16:42 2:25 | 18:48 2:06 | 20:00 1:12 | 27:29 7:29 | 29:39 2:10 | 31:29 1:50 | 32:13 0:44 | 35:35 3:22 | 36:21 0:46 |
| 2 | 89 | Annlouise Almqvist IFK Mora OK | 39:07 | 3:20 3:20 39:07 0:53 | 8:09 4:49 | 12:42 4:33 | 16:25 3:43 | 18:35 2:10 | 20:23 1:48 | 22:45 2:22 | 24:08 1:23 | 27:29 3:21 | 31:34 4:05 | 33:51 2:17 | 34:40 0:49 | 37:07 2:27 | 38:14 1:07 |
| W55 (2) | | | 2.8 km 11 C | | | | | | | | | | | | | | |
| | | | 1(53) | 2(54) | 3(51) | 4(49) | 5(37) | 6(47) | 7(42) | 8(69) | 9(39) | 10(63) | 11(100) | Finish | | | |
| 1 | 81 | Paula Malinen Kajaanin Suunnista | 33:46 | 4:26 4:26 | 6:23 1:57 | 12:07 5:44 | 13:57 1:50 | 16:42 2:45 | 19:56 3:14 | 22:18 2:22 | 27:14 4:56 | 29:31 2:17 | 31:46 2:15 | 32:57 1:11 | 33:46 0:49 | | |
| 2 | 150 | Sirpa Papinsaari Kangasala SK | 54:05 | 12:51 12:51 | 15:13 2:22 | 23:21 8:08 | 25:06 1:45 | 28:24 3:18 | 30:17 1:53 | 35:28 5:11 | 40:54 5:26 | 43:40 2:46 | 51:27 7:47 | 53:11 1:44 | 54:05 0:54 | | |
| W60 (1) | | | 2.6 km 12 C | | | | | | | | | | | | | | |
| | | | 1(53) | 2(54) | 3(60) | 4(52) | 5(37) | 6(47) | 7(41) | 8(75) | 9(69) | 10(39) | 11(63) | 12(100) | Finish | | |
| 1 | 157 | Marja Laine Tampereen Pyrintö | 1:18:33 | 8:11 8:11 | 11:53 3:42 | 18:28 6:35 | 22:19 3:51 | 27:08 4:49 | 33:27 6:19 | 43:53 10:26 | 49:46 5:53 | 1:04:13 14:27 | 1:07:47 3:34 | 1:15:07 7:20 | 1:17:22 2:15 | 1:18:33 1:11 | |
| W65 (3) | | | 2.2 km 11 C | | | | | | | | | | | | | | |
| | | | 1(71) | 2(52) | 3(49) | 4(37) | 5(41) | 6(42) | 7(75) | 8(69) | 9(76) | 10(63) | 11(100) | Finish | | | |
| 1 | 144 | Kyllikki Kauppinen Kalevan Rasti | 31:38 | 4:43 4:43 | 8:58 4:15 | 11:32 2:34 | 14:00 2:28 | 17:31 3:31 | 19:42 2:11 | 22:40 2:58 | 25:50 3:10 | 26:33 0:43 | 29:16 2:43 | 30:40 1:24 | 31:38 0:58 | | |
| 2 | 146 | Irma Liljeström Helsingin Suunnist | 50:22 | 5:02 5:02 | 15:47 10:45 | 17:44 1:57 | 21:26 3:42 | 28:36 7:10 | 32:23 3:47 | 39:36 7:13 | 43:21 3:45 | 44:18 0:57 | 47:47 3:29 | 49:23 1:36 | 50:22 0:59 | | |
| 3 | 166 | Leena Ojala Turengin Sarastus | 52:51 | 5:25 5:25 | 16:07 10:42 | 18:20 2:13 | 22:01 3:41 | 30:44 8:43 | 34:28 3:44 | 41:44 7:16 | 45:12 3:28 | 46:19 1:07 | 49:55 3:36 | 51:29 1:34 | 52:51 1:22 | | |
| W70+ (4) | | | 2.1 km 11 C | | | | | | | | | | | | | | |
| | | | 1(71) | 2(52) | 3(49) | 4(37) | 5(38) | 6(42) | 7(75) | 8(69) | 9(76) | 10(63) | 11(100) | Finish | | | |
| 1 | 162 | Tuula Kemppi MS Parma | 43:21 | 4:15 4:15 | 16:16 12:01 | 17:51 1:35 | 20:28 2:37 | 23:11 2:43 | 26:03 2:52 | 31:36 5:33 | 34:51 3:15 | 36:45 1:54 | 40:46 4:01 | 42:23 1:37 | 43:21 0:58 | | |
| 2 | 148 | Gunnel Lindeman Helsingin Suunnist | 43:26 | 4:42 4:42 | 10:09 5:27 | 13:30 3:21 | 17:28 3:58 | 20:44 3:16 | 24:21 3:37 | 32:26 8:05 | 36:18 3:52 | 37:11 0:53 | 40:44 3:33 | 42:26 1:42 | 43:26 1:00 | | |
| 3 | 139 | Ulla Finnilä-Seitajo Rasti-Jyry | 45:39 | 5:46 5:46 | 12:15 6:29 | 15:40 3:25 | 19:43 4:03 | 22:54 3:11 | 26:23 3:29 | 34:07 7:44 | 38:06 3:59 | 39:21 1:15 | 42:51 3:30 | 44:36 1:45 | 45:39 1:03 | | |
| 4 | 171 | Pirkko Latvasto Helsingin Suunnist | 54:33 | 6:52 6:52 | 16:52 10:00 | 19:26 2:34 | 22:57 3:31 | 33:14 10:17 | 36:22 3:08 | 41:58 5:36 | 46:45 4:47 | 47:50 1:05 | 51:27 3:37 | 53:14 1:47 | 54:33 1:19 | | |
| MBL (1) | | | 2.1 km 8 C | | | | | | | | | | | | | | |
| | | | 1(71) | 2(46) | 3(52) | 4(47) | 5(42) | 6(73) | 7(72) | 8(100) | Finish | | | | | | |
| 1 | 18 | M.KÜR AD LAÇ N TSK Spor Kulübü | 38:13 | 11:02 11:02 | 13:07 2:05 | 19:24 6:17 | 28:50 9:26 | 31:37 2:47 | 34:54 3:17 | 37:15 2:21 | 37:44 0:29 | 38:13 0:29 | | | | | |
| M10 (3) | | | 1.8 km 8 C | | | | | | | | | | | | | | |
| | | | 1(52) | 2(74) | 3(47) | 4(42) | 5(73) | 6(76) | 7(72) | 8(100) | Finish | | | | | | |
| 1 | 156 | Mikael Saranen Helsingin Suunnist | 31:39 | 7:16 7:16 | 10:24 3:08 | 15:24 5:00 | 19:56 4:32 | 24:39 4:43 | 27:33 2:54 | 30:03 2:30 | 30:53 0:50 | 31:39 0:46 | | | | | |
| 2 | 36 | Malte Albinsson OK Österåker | 36:00 | 10:32 10:32 | 13:00 2:28 | 20:46 7:46 | 27:13 6:27 | 31:12 3:59 | 32:46 1:34 | 34:52 2:06 | 35:23 0:31 | 36:00 0:37 | | | | | |
| | 173 | dora kayra de er AOSK | dns | | | | | | | | | | | | | | |
| M12 (1) | | | 2.1 km 9 C | | | | | | | | | | | | | | |
| | | | 1(71) | 2(46) | 3(52) | 4(47) | 5(42) | 6(73) | 7(76) | 8(72) | 9(100) | Finish | | | | | |
| 1 | 130 | Victor Fredman OK Älvsjö Örbý | 37:50 | 6:07 6:07 | 9:57 3:50 | 21:05 11:08 | 27:03 5:58 | 30:10 3:07 | 33:13 3:03 | 34:24 1:11 | 36:44 2:20 | 37:15 0:31 | 37:50 0:35 | | | | |
| M14 (3) | | | 2.5 km 11 C | | | | | | | | | | | | | | |
| | | | 1(40) | 2(54) | 3(46) | 4(52) | 5(47) | 6(41) | 7(73) | 8(69) | 9(76) | 10(72) | 11(100) | Finish | | | |
| 1 | 101 | Lucas Fredman OK Älvsjö Örbý | 17:16 | 2:21 2:21 | 3:21 1:00 | 4:56 1:35 | 6:51 1:55 | 9:16 2:25 | 11:16 2:00 | 14:01 2:45 | 15:02 1:01 | 15:31 0:29 | 16:24 0:53 | 16:48 0:24 | 17:16 0:28 | | |

| Pl | tno | Name | Time | | | | | | | | | | | | | | |
|------------------|-----|--|---------|---------------|---------|-------------|---------|---------|--------|-------|----------------|-------|---------|---------|---------|---------|---------|
| M14 (3) | | | | 2.5 km | | 11 C | | | | | <i>(cont.)</i> | | | | | | |
| | | | | 1(40) | 2(54) | 3(46) | 4(52) | 5(47) | 6(41) | 7(73) | 8(69) | 9(76) | 10(72) | 11(100) | Finish | | |
| 2 | 134 | Johan Karlsson OK Älvsjö Örby | 54:59 | 23:21 | 24:32 | 33:30 | 36:38 | 39:09 | 45:19 | 48:54 | 50:14 | 50:55 | 53:44 | 54:23 | 54:59 | | |
| | | | | 23:21 | 1:11 | 8:58 | 3:08 | 2:31 | 6:10 | 3:35 | 1:20 | 0:41 | 2:49 | 0:39 | 0:36 | | |
| | 119 | BA AR ÖRSEL YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| M16A (6) | | | | 3.6 km | | 19 C | | | | | | | | | | | |
| | | | | 1(34) | 2(33) | 3(61) | 4(35) | 5(46) | 6(60) | 7(57) | 8(71) | 9(37) | 10(47) | 11(41) | 12(32) | 13(67) | 14(75) |
| | | | | 15(69) | 16(76) | 17(43) | 18(63) | 19(100) | Finish | | | | | | | | |
| 1 | 74 | Edvin Johnsson Svaide Roma SOK | 52:43 | 3:31 | 5:33 | 7:41 | 11:21 | 14:48 | 16:54 | 24:17 | 28:46 | 31:53 | 33:06 | 35:54 | 39:37 | 41:15 | 45:02 |
| | | | | 3:31 | 2:02 | 2:08 | 3:40 | 3:27 | 2:06 | 7:23 | 4:29 | 3:07 | 1:13 | 2:48 | 3:43 | 1:38 | 3:47 |
| | | | | 46:50 | 47:54 | 50:11 | 51:34 | 52:14 | 52:43 | | | | | | | | |
| | | | | 1:48 | 1:04 | 2:17 | 1:23 | 0:40 | 0:29 | | | | | | | | |
| | 118 | EGE ARSLAN YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| | 128 | EMRE KAGAN KORA YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| | 117 | ALPEREN ATA YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| | 102 | EMRE ÇET NKAYA YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| | 105 | Y T TOK YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| M18A (3) | | | | 4.3 km | | 16 C | | | | | | | | | | | |
| | | | | 1(33) | 2(59) | 3(57) | 4(60) | 5(71) | 6(61) | 7(50) | 8(31) | 9(32) | 10(67) | 11(75) | 12(76) | 13(65) | 14(64) |
| | | | | 15(63) | 16(100) | Finish | | | | | | | | | | | |
| | 121 | MURAT AH N BOZ YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | |
| | 6 | Gökhan Bilici NEO Do a Sporları | dns | | | | | | | | | | | | | | |
| | 5 | Mehmet Emin Avcıl NEO Do a Sporları | dns | | | | | | | | | | | | | | |
| M20A (17) | | | | 4.8 km | | 18 C | | | | | | | | | | | |
| | | | | 1(34) | 2(59) | 3(62) | 4(58) | 5(57) | 6(71) | 7(33) | 8(50) | 9(31) | 10(32) | 11(67) | 12(75) | 13(69) | 14(76) |
| | | | | 15(64) | 16(65) | 17(63) | 18(100) | Finish | | | | | | | | | |
| 1 | 205 | O UZHAN KARATEP TSK Spor Kulübü | 42:58 | 1:56 | 6:10 | 9:13 | 10:51 | 12:53 | 14:54 | 17:13 | 18:51 | 20:43 | 30:31 | 31:15 | 32:23 | 34:06 | 34:33 |
| | | | | 1:56 | 4:14 | 3:03 | 1:38 | 2:02 | 2:01 | 2:19 | 1:38 | 1:52 | 9:48 | 0:44 | 1:08 | 1:43 | 0:27 |
| | | | | 36:54 | 38:29 | 41:57 | 42:31 | 42:58 | | | | | | | | | |
| | | | | 2:21 | 1:35 | 3:28 | 0:34 | 0:27 | | | | | | | | | |
| 2 | 32 | Ivan Sadovnikov Orient-Zarya | 45:56 | 1:39 | 7:05 | 9:50 | 12:44 | 14:57 | 16:57 | 18:44 | 20:19 | 22:12 | 30:36 | 31:43 | 33:02 | 34:31 | 34:59 |
| | | | | 1:39 | 5:26 | 2:45 | 2:54 | 2:13 | 2:00 | 1:47 | 1:35 | 1:53 | 8:24 | 1:07 | 1:19 | 1:29 | 0:28 |
| | | | | 37:11 | 38:36 | 44:48 | 45:24 | 45:56 | | | | | | | | | |
| | | | | 2:12 | 1:25 | 6:12 | 0:36 | 0:32 | | | | | | | | | |
| 3 | 187 | Ferhat Alyılmaz Doruk Da cılık ve D | 52:33 | 1:59 | 6:27 | 9:54 | 11:15 | 14:02 | 17:26 | 19:55 | 22:57 | 25:18 | 35:43 | 36:45 | 37:57 | 39:42 | 40:13 |
| | | | | 1:59 | 4:28 | 3:27 | 1:21 | 2:47 | 3:24 | 2:29 | 3:02 | 2:21 | 10:25 | 1:02 | 1:12 | 1:45 | 0:31 |
| | | | | 42:52 | 47:54 | 51:28 | 52:05 | 52:33 | | | | | | | | | |
| | | | | 2:39 | 5:02 | 3:34 | 0:37 | 0:28 | | | | | | | | | |
| 4 | 209 | TAHS N ELMAS TSK Spor Kulübü | 1:02:40 | 2:13 | 8:02 | 11:45 | 13:52 | 16:45 | 19:20 | 21:48 | 24:21 | 28:11 | 38:27 | 39:49 | 42:03 | 45:07 | 45:39 |
| | | | | 2:13 | 5:49 | 3:43 | 2:07 | 2:53 | 2:35 | 2:28 | 2:33 | 3:50 | 10:16 | 1:22 | 2:14 | 3:04 | 0:32 |
| | | | | 50:41 | 57:21 | 1:01:08 | 1:02:07 | 1:02:40 | | | | | | | | | |
| | | | | 5:02 | 6:40 | 3:47 | 0:59 | 0:33 | | | | | | | | | |
| 5 | 237 | EM N GÖRGÜLÜ TSK Spor Kulübü | 1:05:52 | 3:16 | 11:05 | 18:36 | 20:16 | 24:24 | 27:17 | 29:18 | 36:12 | 38:45 | 49:59 | 51:56 | 53:16 | 54:45 | 55:12 |
| | | | | 3:16 | 7:49 | 7:31 | 1:40 | 4:08 | 2:53 | 2:01 | 6:54 | 2:33 | 11:14 | 1:57 | 1:20 | 1:29 | 0:27 |
| | | | | 58:57 | 1:01:02 | 1:04:47 | 1:05:26 | 1:05:52 | | | | | | | | | |
| | | | | 3:45 | 2:05 | 3:45 | 0:39 | 0:26 | | | | | | | | | |
| 6 | 216 | U UR GÜNER TSK Spor Kulübü | 1:09:10 | 2:26 | 9:58 | 13:37 | 15:30 | 20:50 | 23:47 | 27:11 | 30:42 | 33:40 | 46:17 | 47:54 | 49:21 | 52:23 | 52:58 |
| | | | | 2:26 | 7:32 | 3:39 | 1:53 | 5:20 | 2:57 | 3:24 | 3:31 | 2:58 | 12:37 | 1:37 | 1:27 | 3:02 | 0:35 |
| | | | | 1:02:05 | 1:04:08 | 1:07:55 | 1:08:44 | 1:09:10 | | | | | | | | | |
| | | | | 9:07 | 2:03 | 3:47 | 0:49 | 0:26 | | | | | | | | | |
| 7 | 40 | Yusuf Erkut Demirk TSK Spor Kulübü | 1:13:14 | 2:42 | 10:12 | 14:13 | 16:02 | 19:03 | 21:57 | 24:50 | 28:28 | 30:42 | 50:23 | 51:38 | 52:49 | 55:37 | 56:15 |
| | | | | 2:42 | 7:30 | 4:01 | 1:49 | 3:01 | 2:54 | 2:53 | 3:38 | 2:14 | 19:41 | 1:15 | 1:11 | 2:48 | 0:38 |
| | | | | 1:00:06 | 1:07:43 | 1:12:06 | 1:12:40 | 1:13:14 | | | | | | | | | |
| | | | | 3:51 | 7:37 | 4:23 | 0:34 | 0:34 | | | | | | | | | |
| 8 | 232 | Can Do ancık TSK Spor Kulübü | 1:18:22 | 2:23 | 9:58 | 14:17 | 15:50 | 19:57 | 22:50 | 24:58 | 30:35 | 32:54 | 51:54 | 53:44 | 56:21 | 57:54 | 58:27 |
| | | | | 2:23 | 7:35 | 4:19 | 1:33 | 4:07 | 2:53 | 2:08 | 5:37 | 2:19 | 19:00 | 1:50 | 2:37 | 1:33 | 0:33 |
| | | | | 1:03:50 | 1:05:59 | 1:15:36 | 1:17:43 | 1:18:22 | | | | | | | | | |
| | | | | 5:23 | 2:09 | 9:37 | 2:07 | 0:39 | | | | | | | | | |
| 9 | 233 | Ömer Do ansoy TSK Spor Kulübü | 1:19:32 | 2:03 | 13:56 | 21:58 | 23:38 | 27:53 | 30:34 | 32:39 | 41:01 | 44:46 | 1:00:20 | 1:01:34 | 1:04:03 | 1:05:35 | 1:06:01 |
| | | | | 2:03 | 11:53 | 8:02 | 1:40 | 4:15 | 2:41 | 2:05 | 8:22 | 3:45 | 15:34 | 1:14 | 2:29 | 1:32 | 0:26 |
| | | | | 1:11:37 | 1:13:51 | 1:18:03 | 1:18:54 | 1:19:32 | | | | | | | | | |
| | | | | 5:36 | 2:14 | 4:12 | 0:51 | 0:38 | | | | | | | | | |
| 10 | 213 | ÜZEY R TAYY B UR TSK Spor Kulübü | 1:29:24 | 2:02 | 9:29 | 15:58 | 17:31 | 21:02 | 26:30 | 34:24 | 41:42 | 45:28 | 1:02:37 | 1:03:49 | 1:06:12 | 1:10:07 | 1:12:08 |
| | | | | 2:02 | 7:27 | 6:29 | 1:33 | 3:31 | 5:28 | 7:54 | 7:18 | 3:46 | 17:09 | 1:12 | 2:23 | 3:55 | 2:01 |
| | | | | 1:15:55 | 1:24:09 | 1:27:59 | 1:28:55 | 1:29:24 | | | | | | | | | |
| | | | | 3:47 | 8:14 | 3:50 | 0:56 | 0:29 | | | | | | | | | |

| Pl | tno | Name | Time | | | | | | | | | | | | | | | | | | | | | | | |
|------------------|---------------------------------------|---------------------------------------|---------|---------------|---------|-------------|---------|----------------|--------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|--|--|--|--|--|--|--|
| M20A (17) | | | | 4.8 km | | 18 C | | <i>(cont.)</i> | | | | | | | | | | | | | | | | | | |
| | | | | 1(34) | 2(59) | 3(62) | 4(58) | 5(57) | 6(71) | 7(33) | 8(50) | 9(31) | 10(32) | 11(67) | 12(75) | 13(69) | 14(76) | | | | | | | | | |
| | | | | 15(64) | 16(65) | 17(63) | 18(100) | Finish | | | | | | | | | | | | | | | | | | |
| 11 | 236 | ÖMER CANSU TSK Spor Kulübü | 1:30:05 | 6:08 | 11:20 | 16:04 | 20:02 | 33:05 | 36:34 | 40:02 | 45:05 | 50:57 | 1:05:37 | 1:07:45 | 1:09:41 | 1:12:12 | 1:12:57 | | | | | | | | | |
| | | | | 6:08 | 5:12 | 4:44 | 3:58 | 13:03 | 3:29 | 3:28 | 5:03 | 5:52 | 14:40 | 2:08 | 1:56 | 2:31 | 0:45 | | | | | | | | | |
| | | | | 1:20:58 | 1:24:01 | 1:28:49 | 1:29:33 | 1:30:05 | | | | | | | | | | | | | | | | | | |
| | | | | 8:01 | 3:03 | 4:48 | 0:44 | 0:32 | | | | | | | | | | | | | | | | | | |
| 12 | 234 | YUNUS EMRE KILIÇ TSK Spor Kulübü | 1:31:20 | 2:24 | 8:09 | 26:13 | 27:52 | 31:04 | 33:55 | 36:52 | 41:52 | 44:08 | 58:40 | 59:39 | 1:01:24 | 1:04:02 | 1:08:12 | | | | | | | | | |
| | | | | 2:24 | 5:45 | 18:04 | 1:39 | 3:12 | 2:51 | 2:57 | 5:00 | 2:16 | 14:32 | 0:59 | 1:45 | 2:38 | 4:10 | | | | | | | | | |
| | | | | 1:17:31 | 1:22:57 | 1:29:56 | 1:30:36 | 1:31:20 | | | | | | | | | | | | | | | | | | |
| | | | | 9:19 | 5:26 | 6:59 | 0:40 | 0:44 | | | | | | | | | | | | | | | | | | |
| 13 | 235 | ALPEREN DÖLLER TSK Spor Kulübü | 2:03:41 | 3:19 | 10:32 | 42:09 | 43:46 | 48:08 | 50:53 | 53:24 | 1:07:02 | 1:10:41 | 1:31:30 | 1:34:29 | 1:38:28 | 1:42:43 | 1:43:43 | | | | | | | | | |
| | | | | 3:19 | 7:13 | 31:37 | 1:37 | 4:22 | 2:45 | 2:31 | 13:38 | 3:39 | 20:49 | 2:59 | 3:59 | 4:15 | 1:00 | | | | | | | | | |
| | | | | 1:48:03 | 1:57:03 | 2:02:01 | 2:03:02 | 2:03:41 | | | | | | | | | | | | | | | | | | |
| | | | | 4:20 | 9:00 | 4:58 | 1:01 | 0:39 | | | | | | | | | | | | | | | | | | |
| 215 | BURAK CAN ALAGÖ TSK Spor Kulübü | dnf | 3:09 | 13:05 | 18:21 | 31:18 | 34:49 | 56:05 | 59:41 | 1:04:16 | 1:37:21 | ----- | ----- | ----- | ----- | ----- | | | | | | | | | | |
| | | | | 3:09 | 9:56 | 5:16 | 12:57 | 3:31 | 21:16 | 3:36 | 4:35 | 33:05 | | | | | | | | | | | | | | |
| | | | | ----- | ----- | ----- | ----- | 1:55:37 | | | | | | | | | | | | | | | | | | |
| | | | | ----- | ----- | ----- | ----- | 18:16 | | | | | | | | | | | | | | | | | | |
| 1 | Can Hüseyin apul NEO Do a Sporları | dns | | | | | | | | | | | | | | | | | | | | | | | | |
| 114 | BURAK B LENLER YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | | | | | | | | | | | |
| 110 | EVREN BOZKURT YAKAMOZ GENÇL K | dns | | | | | | | | | | | | | | | | | | | | | | | | |
| M20B (1) | | | | 3.9 km | | 17 C | | | | | | | | | | | | | | | | | | | | |
| | | | | 1(40) | 2(35) | 3(59) | 4(56) | 5(58) | 6(62) | 7(60) | 8(71) | 9(34) | 10(38) | 11(41) | 12(67) | 13(75) | 14(69) | | | | | | | | | |
| | | | | 15(39) | 16(63) | 17(100) | Finish | | | | | | | | | | | | | | | | | | | |
| 45 | Faruk Gündo du TSK Spor Kulübü | dnf | 7:06 | 8:49 | 9:52 | 11:48 | 14:45 | 19:31 | 42:26 | ----- | ----- | ----- | ----- | ----- | ----- | 1:03:18 | | | | | | | | | | |
| | | | | 7:06 | 1:43 | 1:03 | 1:56 | 2:57 | 4:46 | 22:55 | | | | | | | | | | | | | | | | |
| | | | | ----- | ----- | 1:04:16 | 1:04:53 | | | | | | | | | | | | | | | | | | | |
| | | | | ----- | ----- | 0:58 | 0:37 | | | | | | | | | | | | | | | | | | | |
| M21E (19) | | | | 5.5 km | | 21 C | | | | | | | | | | | | | | | | | | | | |
| | | | | 1(33) | 2(56) | 3(57) | 4(58) | 5(62) | 6(59) | 7(60) | 8(70) | 9(71) | 10(61) | 11(50) | 12(31) | 13(32) | 14(67) | | | | | | | | | |
| | | | | 15(75) | 16(69) | 17(76) | 18(65) | 19(64) | 20(63) | 21(100) | Finish | | | | | | | | | | | | | | | |
| 1 | 25 | Ramazan Bostancı TSK Spor Kulübü | 42:11 | 2:57 | 7:14 | 8:25 | 10:56 | 12:09 | 14:40 | 17:05 | 18:02 | 19:14 | 21:01 | 22:36 | 23:56 | 32:00 | 32:43 | | | | | | | | | |
| | | | | 2:57 | 4:17 | 1:11 | 2:31 | 1:13 | 2:31 | 2:25 | 0:57 | 1:12 | 1:47 | 1:35 | 1:20 | 8:04 | 0:43 | | | | | | | | | |
| | | | | 33:50 | 35:07 | 35:34 | 37:37 | 38:44 | 41:11 | 41:43 | 42:11 | | | | | | | | | | | | | | | |
| | | | | 1:07 | 1:17 | 0:27 | 2:03 | 1:07 | 2:27 | 0:32 | 0:28 | | | | | | | | | | | | | | | |
| 2 | 24 | Harun ler TSK Spor Kulübü | 46:43 | 2:38 | 6:18 | 7:49 | 10:24 | 12:20 | 14:48 | 17:14 | 18:35 | 19:59 | 22:00 | 23:47 | 25:34 | 33:52 | 34:51 | | | | | | | | | |
| | | | | 2:38 | 3:40 | 1:31 | 2:35 | 1:56 | 2:28 | 2:26 | 1:21 | 1:24 | 2:01 | 1:47 | 1:47 | 8:18 | 0:59 | | | | | | | | | |
| | | | | 35:59 | 37:19 | 37:43 | 40:38 | 42:39 | 45:46 | 46:16 | 46:43 | | | | | | | | | | | | | | | |
| | | | | 1:08 | 1:20 | 0:24 | 2:55 | 2:01 | 3:07 | 0:30 | 0:27 | | | | | | | | | | | | | | | |
| 3 | 229 | RIDVAN ÇINAR TSK Spor Kulübü | 47:08 | 2:22 | 6:29 | 8:43 | 11:21 | 12:38 | 15:07 | 17:29 | 18:37 | 20:02 | 22:36 | 24:19 | 26:05 | 34:20 | 35:21 | | | | | | | | | |
| | | | | 2:22 | 4:07 | 2:14 | 2:38 | 1:17 | 2:29 | 2:22 | 1:08 | 1:25 | 2:34 | 1:43 | 1:46 | 8:15 | 1:01 | | | | | | | | | |
| | | | | 36:30 | 37:50 | 38:16 | 41:44 | 43:13 | 46:10 | 46:40 | 47:08 | | | | | | | | | | | | | | | |
| | | | | 1:09 | 1:20 | 0:26 | 3:28 | 1:29 | 2:57 | 0:30 | 0:28 | | | | | | | | | | | | | | | |
| 4 | 219 | özgür fettah TSK Spor Kulübü | 47:23 | 2:18 | 6:36 | 8:14 | 11:19 | 12:40 | 15:22 | 18:06 | 19:36 | 21:13 | 23:32 | 25:33 | 27:23 | 36:34 | 37:24 | | | | | | | | | |
| | | | | 2:18 | 4:18 | 1:38 | 3:05 | 1:21 | 2:42 | 2:44 | 1:30 | 1:37 | 2:19 | 2:01 | 1:50 | 9:11 | 0:50 | | | | | | | | | |
| | | | | 38:37 | 40:02 | 40:34 | 43:00 | 44:21 | 46:18 | 46:57 | 47:23 | | | | | | | | | | | | | | | |
| | | | | 1:13 | 1:25 | 0:32 | 2:26 | 1:21 | 1:57 | 0:39 | 0:26 | | | | | | | | | | | | | | | |
| 5 | 28 | Pavel Novikov Orient-Zarya | 47:56 | 2:31 | 6:56 | 8:12 | 11:07 | 12:20 | 14:47 | 17:03 | 18:22 | 20:02 | 22:02 | 23:50 | 26:14 | 34:56 | 35:47 | | | | | | | | | |
| | | | | 2:31 | 4:25 | 1:16 | 2:55 | 1:13 | 2:27 | 2:16 | 1:19 | 1:40 | 2:00 | 1:48 | 2:24 | 8:42 | 0:51 | | | | | | | | | |
| | | | | 37:12 | 38:34 | 39:19 | 42:50 | 44:39 | 46:48 | 47:28 | 47:56 | | | | | | | | | | | | | | | |
| | | | | 1:25 | 1:22 | 0:45 | 3:31 | 1:49 | 2:09 | 0:40 | 0:28 | | | | | | | | | | | | | | | |
| 6 | 73 | Andreas Nikolausso Visborgs OK | 50:49 | 2:29 | 6:30 | 8:09 | 10:47 | 12:09 | 14:37 | 16:57 | 18:11 | 19:50 | 22:15 | 24:23 | 26:06 | 35:23 | 36:09 | | | | | | | | | |
| | | | | 2:29 | 4:01 | 1:39 | 2:38 | 1:22 | 2:28 | 2:20 | 1:14 | 1:39 | 2:25 | 2:08 | 1:43 | 9:17 | 0:46 | | | | | | | | | |
| | | | | 38:16 | 39:45 | 40:14 | 44:53 | 46:47 | 49:44 | 50:19 | 50:49 | | | | | | | | | | | | | | | |
| | | | | 2:07 | 1:29 | 0:29 | 4:39 | 1:54 | 2:57 | 0:35 | 0:30 | | | | | | | | | | | | | | | |
| 7 | 84 | Tuomas Heikkilä Helsingin Suunnist | 54:42 | 2:13 | 6:28 | 7:35 | 10:25 | 13:11 | 15:27 | 19:45 | 26:27 | 27:54 | 30:04 | 31:42 | 33:40 | 42:17 | 43:05 | | | | | | | | | |
| | | | | 2:13 | 4:15 | 1:07 | 2:50 | 2:46 | 2:16 | 4:18 | 6:42 | 1:27 | 2:10 | 1:38 | 1:58 | 8:37 | 0:48 | | | | | | | | | |
| | | | | 44:11 | 45:31 | 45:58 | 48:40 | 50:26 | 53:40 | 54:16 | 54:42 | | | | | | | | | | | | | | | |
| | | | | 1:06 | 1:20 | 0:27 | 2:42 | 1:46 | 3:14 | 0:36 | 0:26 | | | | | | | | | | | | | | | |
| 8 | 30 | Ercan Dudak TSK Spor Kulübü | 55:26 | 2:56 | 7:16 | 8:48 | 11:38 | 13:03 | 15:38 | 18:11 | 19:59 | 21:31 | 23:26 | 25:33 | 27:30 | 39:19 | 39:57 | | | | | | | | | |
| | | | | 2:56 | 4:20 | 1:32 | 2:50 | 1:25 | 2:35 | 2:33 | 1:48 | 1:32 | 1:55 | 2:07 | 1:57 | 11:49 | 0:38 | | | | | | | | | |
| | | | | 43:10 | 44:37 | 45:08 | 51:04 | 52:23 | 54:18 | 54:56 | 55:26 | | | | | | | | | | | | | | | |
| | | | | 3:13 | 1:27 | 0:31 | 5:56 | 1:19 | 1:55 | 0:38 | 0:30 | | | | | | | | | | | | | | | |
| 9 | 227 | hamza doksal TSK Spor Kulübü | 59:14 | 2:41 | 8:38 | 10:53 | 13:52 | 15:29 | 19:43 | 23:00 | 24:18 | 25:45 | 28:21 | 31:36 | 33:13 | 43:10 | 44:27 | | | | | | | | | |
| | | | | 2:41 | 5:57 | 2:15 | 2:59 | 1:37 | 4:14 | 3:17 | 1:18 | 1:27 | 2:36 | 3:15 | 1:37 | 9:57 | 1:17 | | | | | | | | | |
| | | | | 45:53 | 47:25 | 48:03 | 54:23 | 55:44 | 58:09 | 58:48 | 59:14 | | | | | | | | | | | | | | | |
| | | | | 1:26 | 1:32 | 0:38 | 6:20 | 1:21 | 2:25 | 0:39 | 0:26 | | | | | | | | | | | | | | | |
| 10 | 195 | ibrahim kor TSK Spor Kulübü | 59:18 | 3:27 | 7:30 | 8:55 | 11:29 | 13:50 | 16:22 | 19:36 | 23:19 | 24:49 | 27:15 | 30:10 | 32:57 | 41:01 | 43:50 | | | | | | | | | |
| | | | | 3:27 | 4:03 | 1:25 | 2:34 | 2:21 | 2:32 | 3:14 | 3:43 | 1:30 | 2:26 | 2:55 | 2:47 | 8:04 | 2:49 | | | | | | | | | |
| | | | | 47:20 | 48:46 | 49:32 | 52:51 | 54:33 | 58:05 | 58:45 | 59:18 | | | | | | | | | | | | | | | |
| | | | | 3:30 | 1:26 | 0:46 | 3:19 | 1:42 | 3:32 | 0:40 | 0:33 | | | | | | | | | | | | | | | |

| Pl | tno | Name | Time | | | | | | | | | | | | | | | |
|------------------|-----|--|---------|-------------------------|---------------------------|---------------------------|---------------------------|---------------------------|--------------------------|--------------------------|--------------------------|---------------------------|----------------------------|-----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| M21E (19) | | | | 5.5 km | | | 21 C | | | <i>(cont.)</i> | | | | | | | | |
| | | | | 1(33) 15(75) | 2(56) 16(69) | 3(57) 17(76) | 4(58) 18(65) | 5(62) 19(64) | 6(59) 20(63) | 7(60) 21(100) | 8(70) Finish | 9(71) | 10(61) | 11(50) | 12(31) | 13(32) | 14(67) | |
| 11 | 17 | Schrigo Gregoire OLC SKOG Fribour | 1:09:40 | 3:22 3:22 57:05 | 10:36 7:14 59:27 | 12:36 2:00 59:58 | 16:21 3:45 1:02:38 | 20:58 4:37 1:04:26 | 24:58 4:00 1:08:13 | 27:53 2:55 1:09:06 | 29:35 1:42 1:09:40 | 31:59 2:24 | 34:51 2:52 | 37:26 2:35 | 39:43 2:17 | 51:20 11:37 | 55:15 3:55 | |
| 12 | 231 | Alican Öztürk TSK Spor Kulübü | 1:15:50 | 1:50 2:36 1:02:07 | 2:22 7:17 1:03:54 | 0:31 9:46 1:05:15 | 2:40 3:08 1:08:40 | 1:48 2:12 1:10:34 | 3:47 3:29 1:14:17 | 0:53 2:50 1:15:10 | 0:34 2:36 1:15:50 | | 25:35 1:34 | 27:58 2:23 | 45:57 17:59 | 48:07 2:10 | 58:23 10:16 | 59:49 1:26 |
| 13 | 186 | Serhat Alyılmaz Doruk Da cılık ve D | 1:17:44 | 2:18 4:46 1:02:58 | 1:47 11:01 1:05:27 | 1:21 13:29 1:06:08 | 3:25 17:24 1:10:18 | 1:54 19:14 1:12:45 | 3:43 24:14 1:16:10 | 0:53 29:18 1:17:01 | 0:40 30:47 1:17:44 | | 32:36 1:49 | 36:55 4:19 | 39:56 3:01 | 42:50 2:54 | 1:00:00 17:10 | 1:01:29 1:29 |
| | 189 | Hilmi Iker Meydan TSK Spor Kulübü | mp | 3:25 3:25 1:07:16 | 8:48 5:23 1:08:53 | 10:09 1:21 1:09:29 | 12:57 2:48 1:11:58 | 14:56 1:59 1:13:29 | 18:44 3:48 ----- | 22:08 3:24 1:24:06 | 25:29 3:21 1:24:50 | 27:16 1:47 | 40:29 13:13 | 46:34 6:05 | 49:28 2:54 | 1:02:13 12:45 | 1:03:36 1:23 | |
| | 238 | AYDIN AYGÜN NEO Do a Sporları | dns | 3:40 | 1:37 | 0:36 | 2:29 | 1:31 | | 10:37 | 0:44 | | | | | | | |
| | 38 | Ercan Arslan ODTÜ SK | dns | | | | | | | | | | | | | | | |
| | 9 | Sed Cafero lu Cafero lu Brothers | dns | | | | | | | | | | | | | | | |
| | 218 | Erdi ARSLAN Rota OSK | dns | | | | | | | | | | | | | | | |
| | 98 | Cansel SARAÇ Rota OSK | dns | | | | | | | | | | | | | | | |
| M21A (15) | | | | 4.4 km | | | 17 C | | | | | | | | | | | |
| | | | | 1(34) 15(64) | 2(33) 16(63) | 3(35) 17(100) | 4(57) Finish | 5(58) | 6(62) | 7(59) | 8(71) | 9(70) | 10(32) | 11(75) | 12(69) | 13(76) | 14(65) | |
| 1 | 204 | HASAN TA TSK Spor Kulübü | 43:34 | 2:17 2:17 38:38 | 3:49 1:32 42:11 | 7:06 3:17 43:03 | 10:53 3:47 43:34 | 13:42 2:49 | 15:17 1:35 | 18:28 3:11 | 20:55 2:27 | 22:56 2:01 | 26:31 3:35 | 28:37 2:06 | 32:41 4:04 | 33:14 0:33 | 36:03 2:49 | |
| 2 | 203 | BURAK CANSEVER TSK Spor Kulübü | 43:39 | 2:35 2:30 40:24 | 3:33 4:06 42:24 | 0:52 7:05 43:11 | 0:31 11:21 43:39 | 0:31 14:34 4:16 | 16:18 19:59 3:13 | 18:59 25:17 1:44 | 19:59 25:17 3:41 | 25:17 27:51 5:18 | 27:51 31:47 2:34 | 34:19 34:19 3:56 | 36:06 2:32 | 36:37 1:47 | 39:03 0:31 | 2:26 |
| 3 | 212 | ENES ALTAN TSK Spor Kulübü | 47:09 | 1:21 2:11 38:49 | 2:00 3:24 46:05 | 0:47 6:10 46:41 | 0:28 9:27 47:09 | 0:28 3:17 47:09 | 12:33 3:06 | 14:47 2:14 | 18:09 3:22 | 19:55 1:46 | 21:53 1:58 | 24:56 3:03 | 26:54 1:58 | 29:29 2:35 | 30:05 0:36 | 36:07 6:02 |
| 4 | 210 | HASAN GÜLGÖR TSK Spor Kulübü | 47:43 | 2:42 2:16 43:32 | 7:16 3:36 46:39 | 0:36 7:11 47:14 | 0:28 10:41 47:43 | 0:28 14:27 47:43 | 15:52 3:46 | 18:46 1:25 | 26:29 7:43 | 29:48 3:19 | 34:05 4:17 | 36:08 2:03 | 38:04 1:56 | 38:36 0:32 | 42:30 3:54 | |
| 5 | 202 | HAL S UYAR TSK Spor Kulübü | 53:20 | 4:21 2:00 47:34 | 4:23 3:23 51:57 | 0:54 9:24 52:51 | 0:29 13:08 53:20 | 0:29 16:47 53:20 | 3:39 18:52 53:20 | 2:05 7:07 | 25:59 28:12 | 28:12 2:13 | 30:45 2:33 | 35:14 4:29 | 37:21 2:07 | 39:37 2:16 | 40:19 0:42 | 43:13 2:54 |
| 6 | 217 | ERKAM SEM Z TSK Spor Kulübü | 54:56 | 3:08 2:31 49:36 | 3:47 3:53 53:23 | 0:59 8:04 54:22 | 0:34 11:51 54:56 | 0:34 15:12 54:56 | 3:21 17:04 54:56 | 1:52 21:49 54:56 | 4:45 23:38 54:56 | 1:49 23:38 54:56 | 2:44 26:22 54:56 | 5:15 31:37 54:56 | 2:28 34:05 54:56 | 9:13 43:18 54:56 | 0:32 43:50 54:56 | 2:38 46:28 54:56 |
| 7 | 211 | MERT YAS L TSK Spor Kulübü | 58:02 | 52:27 2:37 3:07 | 56:53 4:26 3:19 | 57:34 0:41 3:48 | 58:02 0:28 5:13 | 58:02 0:28 3:28 | 18:55 20:27 1:32 | 24:06 3:39 | 30:15 6:09 | 35:49 5:34 | 41:43 5:54 | 44:01 2:18 | 46:46 2:45 | 47:23 0:37 | 49:50 2:27 | |
| 8 | 100 | Ferdi Günaydın Az biraz kaçık | 1:01:30 | 2:10 2:10 54:22 | 3:40 1:30 59:49 | 6:56 3:16 1:00:50 | 10:00 3:04 1:01:30 | 13:23 3:23 | 15:07 1:44 | 18:21 3:14 | 32:43 14:22 | 35:07 2:24 | 39:54 4:47 | 45:18 5:24 | 47:24 2:06 | 48:05 0:41 | 51:32 3:27 | |
| 9 | 223 | Ali ÖNER TSK Spor Kulübü | 1:41:29 | 2:50 2:55 1:29:08 | 5:27 5:52 1:39:59 | 1:01 11:13 1:40:49 | 0:40 22:49 1:41:29 | 0:40 26:59 1:41:29 | 4:10 34:32 1:41:29 | 7:33 40:18 1:41:29 | 5:46 55:57 1:41:29 | 15:39 57:50 1:41:29 | 1:53 1:08:45 1:41:29 | 10:55 1:15:38 1:41:29 | 6:53 1:20:04 1:41:29 | 4:26 1:20:39 1:41:29 | 0:35 1:26:41 1:41:29 | 6:02 1:26:41 1:41:29 |
| | 199 | EMRAH LKAN TSK Spor Kulübü | mp | 1:54 1:54 45:08 | 3:21 1:27 48:12 | 6:15 2:54 48:47 | 10:21 4:06 49:15 | 13:04 2:43 33:11 | 14:43 1:39 *67 | 17:28 2:45 *67 | 23:25 5:57 *67 | 27:31 4:06 *67 | ----- 4:06 *67 | 36:24 8:53 *67 | 37:56 1:32 *67 | 38:41 0:45 *67 | 43:51 5:10 *64 | |
| | 214 | AL HSAN SEZG N TSK Spor Kulübü | mp | 2:02 2:02 ----- | 26:06 24:04 1:09:34 | ----- ----- 1:10:16 | ----- ----- 1:10:50 | ----- ----- 1:10:50 | ----- ----- 7:22 | ----- ----- 11:35 | ----- ----- 13:37 | ----- ----- 17:38 | ----- ----- 22:32 | 42:04 15:58 29:22 | 46:57 4:53 29:22 | 50:30 3:33 31:41 | 51:06 0:36 43:33 | 1:05:55 14:49 55:55 |
| | 163 | Deniz I IK NEO Do a Sporları | dns | 2:27 | 10:51 | 0:50 | 0:40 | | *59 | *62 | *58 | *57 | *71 | *50 | *31 | *67 | *64 | |

| Pl | tno | Name | Time | | | | | | | | | | | | | | | | | | |
|----------------|-----|---|-------|---------------|---------|-------------|--------|----------------|-------|-------|-------|-------|--------|--------|--------|---------|---------|--|--|--|--|
| M50 (6) | | | | 3.2 km | | 17 C | | <i>(cont.)</i> | | | | | | | | | | | | | |
| | | | | 1(53) | 2(54) | 3(59) | 4(56) | 5(57) | 6(60) | 7(51) | 8(49) | 9(37) | 10(47) | 11(42) | 12(75) | 13(69) | 14(76) | | | | |
| | | | | 15(39) | 16(55) | 17(100) | Finish | | | | | | | | | | | | | | |
| 2 | 194 | Bengt Haglund Leksand Ok | 27:05 | 3:01 | 4:18 | 6:13 | 7:45 | 9:17 | 10:24 | 11:57 | 12:55 | 14:41 | 15:36 | 17:19 | 19:05 | 20:40 | 21:14 | | | | |
| | | | | 3:01 | 1:17 | 1:55 | 1:32 | 1:32 | 1:07 | 1:33 | 0:58 | 1:46 | 0:55 | 1:43 | 1:46 | 1:35 | 0:34 | | | | |
| | | | | 22:27 | 25:25 | 26:25 | 27:05 | | | | | | | | | | | | | | |
| | | | | 1:13 | 2:58 | 1:00 | 0:40 | | | | | | | | | | | | | | |
| 3 | 83 | Matti Heikkilä Mäntsälän Urheilijat | 36:13 | 3:51 | 5:31 | 7:27 | 9:34 | 11:59 | 13:41 | 16:08 | 17:17 | 19:01 | 20:13 | 22:16 | 26:19 | 28:36 | 29:18 | | | | |
| | | | | 3:51 | 1:40 | 1:56 | 2:07 | 2:25 | 1:42 | 2:27 | 1:09 | 1:44 | 1:12 | 2:03 | 4:03 | 2:17 | 0:42 | | | | |
| | | | | 30:38 | 34:16 | 35:26 | 36:13 | | | | | | | | | | | | | | |
| | | | | 1:20 | 3:38 | 1:10 | 0:47 | | | | | | | | | | | | | | |
| 4 | 78 | Aki Saranen Helsingin Suunnist | 37:20 | 4:23 | 6:06 | 8:14 | 10:08 | 12:42 | 14:11 | 16:09 | 17:29 | 19:44 | 21:15 | 23:29 | 27:32 | 30:02 | 30:55 | | | | |
| | | | | 4:23 | 1:43 | 2:08 | 1:54 | 2:34 | 1:29 | 1:58 | 1:20 | 2:15 | 1:31 | 2:14 | 4:03 | 2:30 | 0:53 | | | | |
| | | | | 32:24 | 35:25 | 36:32 | 37:20 | | | | | | | | | | | | | | |
| | | | | 1:29 | 3:01 | 1:07 | 0:48 | | | | | | | | | | | | | | |
| 188 | | Cevdet Alyilmaz Doruk Da cılık ve D | mp | 4:38 | ----- | 9:14 | 15:33 | 18:35 | 23:14 | 25:38 | 26:48 | 28:33 | 30:41 | 33:19 | 36:20 | 38:51 | 39:26 | | | | |
| | | | | 4:38 | | 4:36 | 6:19 | 3:02 | 4:39 | 2:24 | 1:10 | 1:45 | 2:08 | 2:38 | 3:01 | 2:31 | 0:35 | | | | |
| | | | | 40:47 | 44:27 | 45:12 | 45:46 | | 6:32 | | | | | | | | | | | | |
| | | | | 1:21 | 3:40 | 0:45 | 0:34 | | *45 | | | | | | | | | | | | |
| 112 | | SERDAR HACIMUSA YAKAMOZ GENÇ L K | dns | | | | | | | | | | | | | | | | | | |
| M55 (4) | | | | 3.1 km | | 16 C | | | | | | | | | | | | | | | |
| | | | | 1(40) | 2(46) | 3(57) | 4(51) | 5(49) | 6(70) | 7(37) | 8(47) | 9(42) | 10(41) | 11(75) | 12(69) | 13(76) | 14(43) | | | | |
| | | | | 15(55) | 16(100) | Finish | | | | | | | | | | | | | | | |
| 1 | 155 | Jyrki Routsu Hiisirasti | 26:07 | 2:46 | 5:17 | 6:46 | 8:26 | 9:22 | 10:40 | 11:32 | 12:24 | 13:51 | 14:57 | 16:43 | 18:22 | 19:05 | 21:27 | | | | |
| | | | | 2:46 | 2:31 | 1:29 | 1:40 | 0:56 | 1:18 | 0:52 | 0:52 | 1:27 | 1:06 | 1:46 | 1:39 | 0:43 | 2:22 | | | | |
| | | | | 24:40 | 25:26 | 26:07 | | | | | | | | | | | | | | | |
| | | | | 3:13 | 0:46 | 0:41 | | | | | | | | | | | | | | | |
| 2 | 169 | Tuomo Koskinen Suunta-Sepot | 33:27 | 3:32 | 7:05 | 8:55 | 11:08 | 12:24 | 14:38 | 16:12 | 17:34 | 19:30 | 20:56 | 22:52 | 25:21 | 25:53 | 27:58 | | | | |
| | | | | 3:32 | 3:33 | 1:50 | 2:13 | 1:16 | 2:14 | 1:34 | 1:22 | 1:56 | 1:26 | 1:56 | 2:29 | 0:32 | 2:05 | | | | |
| | | | | 31:40 | 32:46 | 33:27 | | 30:34 | | | | | | | | | | | | | |
| | | | | 3:42 | 1:06 | 0:41 | | *100 | | | | | | | | | | | | | |
| 3 | 80 | Pentti Malinen Kajaanin Suunnista | 35:23 | 4:11 | 7:19 | 9:57 | 13:50 | 15:03 | 18:08 | 19:37 | 20:52 | 22:52 | 24:16 | 26:24 | 28:21 | 29:04 | 31:15 | | | | |
| | | | | 4:11 | 3:08 | 2:38 | 3:53 | 1:13 | 3:05 | 1:29 | 1:15 | 2:00 | 1:24 | 2:08 | 1:57 | 0:43 | 2:11 | | | | |
| | | | | 33:39 | 34:40 | 35:23 | | 16:33 | | | | | | | | | | | | | |
| | | | | 2:24 | 1:01 | 0:43 | | *74 | | | | | | | | | | | | | |
| 4 | 149 | Kari Papinsaari Kangasala SK | 36:20 | 3:24 | 6:15 | 8:22 | 10:06 | 11:09 | 12:57 | 15:19 | 16:37 | 18:44 | 20:04 | 22:22 | 24:24 | 25:05 | 29:01 | | | | |
| | | | | 3:24 | 2:51 | 2:07 | 1:44 | 1:03 | 1:48 | 2:22 | 1:18 | 2:07 | 1:20 | 2:18 | 2:02 | 0:41 | 3:56 | | | | |
| | | | | 34:41 | 35:35 | 36:20 | | | | | | | | | | | | | | | |
| | | | | 5:40 | 0:54 | 0:45 | | | | | | | | | | | | | | | |
| M60 (7) | | | | 3.0 km | | 14 C | | | | | | | | | | | | | | | |
| | | | | 1(40) | 2(54) | 3(57) | 4(51) | 5(49) | 6(37) | 7(47) | 8(42) | 9(41) | 10(75) | 11(69) | 12(39) | 13(55) | 14(100) | | | | |
| | | | | Finish | | | | | | | | | | | | | | | | | |
| 1 | 27 | Alain Juan ANCO | 25:23 | 2:50 | 4:02 | 6:59 | 8:27 | 10:04 | 12:14 | 13:09 | 15:00 | 15:59 | 17:27 | 19:32 | 21:32 | 23:47 | 24:44 | | | | |
| | | | | 2:50 | 1:12 | 2:57 | 1:28 | 1:37 | 2:10 | 0:55 | 1:51 | 0:59 | 1:28 | 2:05 | 2:00 | 2:15 | 0:57 | | | | |
| | | | | 25:23 | | | | | | | | | | | | | | | | | |
| | | | | 0:39 | | | | | | | | | | | | | | | | | |
| 2 | 39 | Zivota Tasic Ok Dif | 26:57 | 3:20 | 4:36 | 8:23 | 10:08 | 11:17 | 12:47 | 14:01 | 15:54 | 17:08 | 18:59 | 20:53 | 22:37 | 25:35 | 26:26 | | | | |
| | | | | 3:20 | 1:16 | 3:47 | 1:45 | 1:09 | 1:30 | 1:14 | 1:53 | 1:14 | 1:51 | 1:54 | 1:44 | 2:58 | 0:51 | | | | |
| | | | | 26:57 | | 26:29 | | | | | | | | | | | | | | | |
| | | | | 0:31 | | *100 | | | | | | | | | | | | | | | |
| 3 | 239 | Pertti Päivänranta Club Joutsenon Ku | 27:05 | 2:58 | 4:06 | 9:38 | 11:17 | 12:29 | 14:10 | 15:17 | 16:51 | 17:52 | 19:26 | 21:21 | 23:18 | 25:37 | 26:26 | | | | |
| | | | | 2:58 | 1:08 | 5:32 | 1:39 | 1:12 | 1:41 | 1:07 | 1:34 | 1:01 | 1:34 | 1:55 | 1:57 | 2:19 | 0:49 | | | | |
| | | | | 27:05 | | | | | | | | | | | | | | | | | |
| | | | | 0:39 | | | | | | | | | | | | | | | | | |
| 4 | 151 | Henry Nyberg OK Trian | 27:26 | 3:19 | 4:34 | 7:41 | 9:40 | 10:48 | 12:44 | 13:49 | 15:57 | 17:14 | 19:21 | 21:28 | 23:32 | 25:53 | 26:48 | | | | |
| | | | | 3:19 | 1:15 | 3:07 | 1:59 | 1:08 | 1:56 | 1:05 | 2:08 | 1:17 | 2:07 | 2:07 | 2:04 | 2:21 | 0:55 | | | | |
| | | | | 27:26 | | | | | | | | | | | | | | | | | |
| | | | | 0:38 | | | | | | | | | | | | | | | | | |
| 5 | 143 | Pekka Liukkala HauSi | 29:37 | 3:24 | 4:48 | 8:16 | 9:52 | 11:50 | 13:33 | 14:36 | 16:43 | 18:02 | 21:18 | 22:54 | 25:51 | 28:01 | 28:57 | | | | |
| | | | | 3:24 | 1:24 | 3:28 | 1:36 | 1:58 | 1:43 | 1:03 | 2:07 | 1:19 | 3:16 | 1:36 | 2:57 | 2:10 | 0:56 | | | | |
| | | | | 29:37 | | | | | | | | | | | | | | | | | |
| | | | | 0:40 | | | | | | | | | | | | | | | | | |
| 6 | 22 | Thomas Almqvist FK Vittus | 31:29 | 3:39 | 5:43 | 9:33 | 12:47 | 13:55 | 16:03 | 17:22 | 19:33 | 21:00 | 23:26 | 25:30 | 27:22 | 29:50 | 30:47 | | | | |
| | | | | 3:39 | 2:04 | 3:50 | 3:14 | 1:08 | 2:08 | 1:19 | 2:11 | 1:27 | 2:26 | 2:04 | 1:52 | 2:28 | 0:57 | | | | |
| | | | | 31:29 | | | | | | | | | | | | | | | | | |
| | | | | 0:42 | | | | | | | | | | | | | | | | | |
| 7 | 152 | Jorma Aherto LS-37 | 32:08 | 3:11 | 6:57 | 9:53 | 11:47 | 13:55 | 15:24 | 16:29 | 18:39 | 20:12 | 21:57 | 23:31 | 25:57 | 30:31 | 31:25 | | | | |
| | | | | 3:11 | 3:46 | 2:56 | 1:54 | 2:08 | 1:29 | 1:05 | 2:10 | 1:33 | 1:45 | 1:34 | 2:26 | 4:34 | 0:54 | | | | |
| | | | | 32:08 | | | | | | | | | | | | | | | | | |
| | | | | 0:43 | | | | | | | | | | | | | | | | | |
| M65 (5) | | | | 2.8 km | | 13 C | | | | | | | | | | | | | | | |
| | | | | 1(40) | 2(54) | 3(57) | 4(51) | 5(52) | 6(49) | 7(37) | 8(42) | 9(41) | 10(75) | 11(76) | 12(63) | 13(100) | Finish | | | | |
| 1 | 142 | Vesa Herttuainen Raja-Karjalan Suun | 27:02 | 3:41 | 5:04 | 8:26 | 10:32 | 11:45 | 12:55 | 15:18 | 18:01 | 19:29 | 21:26 | 23:47 | 25:35 | 26:24 | 27:02 | | | | |
| | | | | 3:41 | 1:23 | 3:22 | 2:06 | 1:13 | 1:10 | 2:23 | 2:43 | 1:28 | 1:57 | 2:21 | 1:48 | 0:49 | 0:38 | | | | |

| Pl | tno | Name | Time | 1(40) | 2(54) | 3(57) | 4(51) | 5(52) | 6(49) | 7(37) | 8(42) | 9(41) | 10(75) | 11(76) | 12(63) | 13(100) | Finish |
|-----------------|-----|--------------------------------------|---------|---------------|-------|-------|-------------|-------|-------|----------------|-------|-------|--------|---------|---------|---------|---------|
| M65 (5) | | | | | | | | | | | | | | | | | |
| | | | | 2.8 km | | | 13 C | | | <i>(cont.)</i> | | | | | | | |
| 2 | 153 | Sven-Olof Backman IK Falken | 30:27 | 3:52 | 5:25 | 10:23 | 12:24 | 14:04 | 15:04 | 17:10 | 19:53 | 22:01 | 23:58 | 26:21 | 28:29 | 29:38 | 30:27 |
| 3 | 145 | Åge Liljeström Helsingin Suunnist | 32:18 | 3:35 | 4:50 | 9:04 | 14:45 | 17:25 | 19:40 | 21:15 | 23:13 | 24:27 | 26:27 | 28:30 | 30:37 | 31:38 | 32:18 |
| 4 | 158 | Jorma Laine Tampereen Pyrintö | 49:58 | 4:35 | 11:15 | 15:23 | 17:56 | 19:49 | 22:00 | 24:31 | 28:04 | 34:27 | 38:38 | 42:39 | 47:21 | 48:50 | 49:58 |
| 5 | 167 | Antti Ojala Turengin Sarastus | 1:07:35 | 5:50 | 12:52 | 17:06 | 19:14 | 37:04 | 42:45 | 45:27 | 51:17 | 55:50 | 59:35 | 1:02:39 | 1:05:32 | 1:06:47 | 1:07:35 |
| M70+ (4) | | | | | | | | | | | | | | | | | |
| | | | | 2.5 km | | | 13 C | | | | | | | | | | |
| 1 | 161 | Martti Kemppi MS Parma | 35:00 | 4:11 | 10:17 | 12:56 | 14:56 | 17:13 | 18:58 | 21:46 | 24:07 | 26:46 | 29:17 | 0:00 | 0:00 | 0:00 | 35:00 |
| 2 | 170 | Erkki Latvasto Helsingin Suunnist | 39:56 | 5:08 | 12:43 | 14:23 | 17:13 | 20:14 | 23:19 | 25:49 | 27:53 | 30:29 | 33:56 | 34:55 | 37:42 | 39:01 | 39:56 |
| 3 | 141 | Reijo Seitajoki Rasti-Jyry | 44:53 | 6:23 | 12:43 | 15:19 | 17:17 | 20:01 | 22:16 | 25:15 | 28:16 | 33:55 | 37:24 | 38:32 | 41:34 | 43:26 | 44:53 |
| 4 | 147 | Osmo Lindeman Helsingin Suunnist | 46:05 | 5:02 | 14:27 | 16:18 | 19:05 | 21:23 | 23:52 | 27:08 | 30:14 | 35:36 | 39:29 | 40:16 | 43:43 | 45:10 | 46:05 |